

Herbal Immunostimulants

Common Name	Scientific Name	Part Used
Boneset	<i>Eupatorium perfoliatum</i> , Asteraceae	Aboveground parts, in flower
Echinacea	<i>Echinacea</i> spp., Asteraceae	Root, seed, and aboveground parts
Garlic	<i>Allium sativum</i> , Alliaceae	Bulb
Honeysuckle, Japanese	<i>Lonicera japonica</i> , Caprifoliaceae	Flowers and flower buds
Myrrh	<i>Commiphora myrrha</i> , Burseraceae	Resin
Spilanthes, or toothache plant	<i>Acmella oleracea</i> , Asteraceae	Aboveground parts, in flower
Toothache tree, or prickly ash	<i>Zanthoxylum clava-herculis</i> and <i>Z. americanum</i> , Rutaceae	Bark and fruit
Usnea	<i>Usnea</i> spp., Parmeliaceae	Lichen
Wild indigo	<i>Baptisia tinctoria</i> , Fabaceae	Root